

Annual Report

Proving Everlasting Freedom is Possible

Men Campus 1061 Mercer Circle Union Point, GA 30642 Women Campus 1150 Bear Creek Rd Lavonia, GA 30553

Penfield Addiction Ministries (PAM)

Mission:

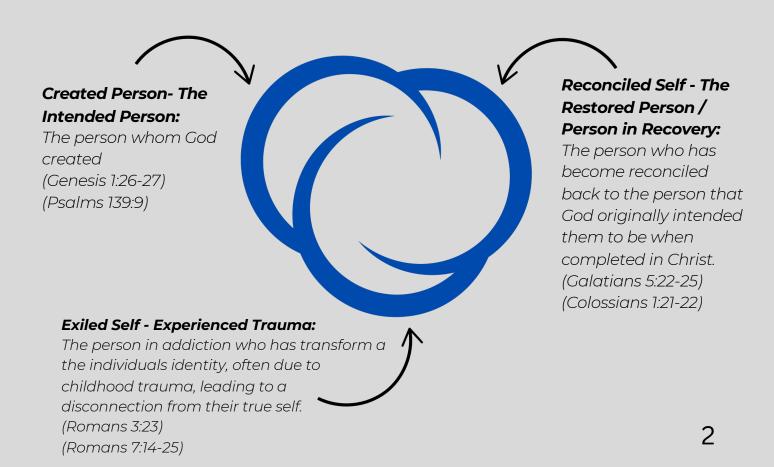
To reclaim the lives of drug and alcohol-addicted men and women through Christ and Christian Love

Vision:

Proving Ever Lasting Freedom is Possible

Paradigm:

our logo is a symbolic representation of the three cycles experienced by individuals in recovery. The three circles represent:



Letter from our Director

Dear Friends of Penfield,

I am honored to share Penfield Addiction
Ministries' 2024 Annual Report. This past year
has been filled with both successes and
challenges, as well as losses. While I won't go
into details in this letter, you will find more
information about some of these challenges and
victories—perhaps better described as
blessings—later in the report.

This document provides an overview of Penfield's mission, programming, outcome measures, and other key highlights from the past year. It also includes general information about our finances and client demographics.

Penfield hosted two successful fundraisers: our Annual Golf Tournament in May and our Alumni Celebration in September. Both events were particularly meaningful due to the unwavering support from the Penfield staff and all those who attended and contributed their time, finances, and encouragement. On behalf of Penfield, our staff, and the clients we serve, I would like to extend a heartfelt thank you.

We also faced some losses during the year. Our CEO, Mike Walker, and our Director of Nursing, Cathy Thompson, both retired. We are deeply grateful for their service to Penfield and to God, and for their contributions in helping us achieve numerous accomplishments in our program and ministry.

Additionally, some staff members moved on to pursue their personal goals, and while we miss them, we continue to pray for God's blessings in their endeavors.

Penfield also experienced the heartbreaking loss of our dear friend, co-worker, and family member, Drew Metzger. "You are missed."

On a positive note, Penfield earned our CARF (Commission on Accreditation of Rehabilitation Facilities) accreditation for three years. We also began accepting out-of-network insurance and finalized contracts for in-network insurance, which will enable us to serve more clients in the future.

Though we faced challenges this year, including a decrease in client census, we remain steadfast in our commitment to God, Jesus, and the clients we serve. We continue to believe that through our Lord and Savior, Jesus Christ, all things are possible. We will remain dedicated to providing a solid foundation for our clients' recovery, and we continue to affirm that "everlasting recovery is possible" as we work to "reclaim alcohol- and drug-addicted men and women through Christ and Christian love."

Thank you to all of our friends, stakeholders, donors, prayer warriors, and brothers and sisters in Christ. Without your support, we could not continue our work.

Blessings,

Donnie Plummer Interim Executive Director Penfield Addiction Ministries



Board of Directors

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Valery Barron

Andy Perryman

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Harrold Eubanks

Rick Standard

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Aaron Underwood





Penfield Team

Jessica Abbott

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Ron Ard

Charley Atkinson

David Cronic Jr.

Elizabeth Eubanks

Jeff Hamilton

Justin Henry

Laura Hughes

Donnie Plummer

Nathan Hulsey

Hayley Kennedy

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Drew Metzger

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Mitzi Sanchez

Robert Schwartz

Patti Shipp

Daphne Stokes

Cathy Thompson

Our Programs

Penfield Addiction Ministries is a Christ-centered organization that is committed to providing a nurturing environment where individuals can find the strength and support needed to overcome addiction. Gender-specific campuses allow us to understand and address gender-specific issues and create a supportive community where individuals can connect and heal.

Residential Program

The residential treatment program offers a structured, supportive environment using a holistic approach to address the physical, emotional, and spiritual aspects of addiction through counseling, CBT, and trauma-informed care. It focuses on personal growth and lasting sobriety, helping participants develop healthy routines and coping skills.

<u>Partial Hospitalization</u> <u>Program (PHP)</u>

PHP offers intensive daytime addiction treatment with a focus on both structured care and real-world integration. It includes therapies like CBT, counseling, and holistic treatments, alongside spiritual practices such as prayer and mindfulness. This approach nurtures recovery by healing the mind, body, and spirit, supporting lasting sobriety and personal growth.

Recovery Residence

The Recovery Residence program offers a supportive, structured environment for individuals transitioning from intensive treatment. Residents continue therapeutic progress through spiritual development while building supportive relationships with peers. The program helps individuals develop the skills necessary for independent living and long-term sobriety.

Bruces's Testimony

Romans 8:13 - "For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live".

On 16 September 2014, I was dropped off at the front doors of Penfield Addiction Ministries. My good friend and Sunday School teacher along with my wife (who sat in the back seat) endured a very awkward and quiet twohour drive that seemed to take days. My beautiful wife of 32 years (at the time) was completely broken, and I was finally at rock bottom, tired, scared, and angry (wouldn't have admitted that then). How did I take us to this place...and as crazy as it sounds, all I could think about at the time was my bus ride to Army Basic Training in the summer of 1978.

We married in January of 1982 and were commissioned as a second lieutenant in the US Army in 1983. We were totally in love and began building our family. For the first ten years, my wife was the spiritual leader of the family, she was raised in the church and cherished her relationship with the Lord. I was raised Catholic and didn't know how to have a relationship with Christ. My focus was providing for my family and being successful in my Army career.

After several combat deployments, experiencing the loss of my soldiers, (America's sons and daughters)



including inflicting loss on enemy combatants, jumping out of perfectly good airplanes, and the effects of soldiering, it began to start taking a toll on my body. (didn't know at the time, but it took a toll on my mind as well. The Army's warrior ethos engrained mental and physical toughness, no whining or going to sick call, especially as an aviator and senior leader, you stayed away from Army doctors, and a thin medical record was the goal. (mistake)

In 2008, we decided to retire from the US Army so we could look forward to turning the page on the next chapter of our lives. Well, the next chapter turned out to be much different than we had planned. A third major back surgery and long recovery led to a destructive seven-year addiction run. I thought that the prescribed opioids would help with the physical and mental pain that I was carrying (a least that's what I thought), and then I could move on. However, I found that I loved the effects of the opioids, the masking of all the pain and the euphoria it provided, so I did everything I could to ensure I was never without.

In the meantime, my wife witnessed what the addiction was doing to me, our relationship, and ultimately our family. The deceptions, doctor shopping, and alcohol abuse brought my wife to a point where she decided to prepare for the next chapter now without me. (all the while praying without ceasing). The worst part is I didn't recognize the signs, and if I did, I didn't care...the most important thing to me was no longer my wife, family, or friends, it was my next pill and or drink.

On 16 September 2014, I was dropped off at the front doors of Penfield Addiction Ministries and at 11:20 am. 22 September 2014, I laid my addiction, my transgressions, and my sins of the flesh at the "foot of the cross". Praise Jesus! On 19 November 2014, the sixweek program complete, was fortunately, the staff and Bill King's perseverance prepared me for our next chapter and the real work in front of us. I'm so blessed and thankful for my wife's courage under fire and her prayer knees, but more importantly I'm so thankful for the Holy Spirit's

effectual calling in my life!

It's now been 10 years in addiction recovery, by God's Grace my wife and I have a better relationship even before my addiction. This is only because and through the love of Christ. As my wife and I look back on this journey which seemed hopeless, to help us make sense of all the pain endured, we can't help to be reminded and assured of God's Word in Romans 5:3-5 "...we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us.

In His Grip,

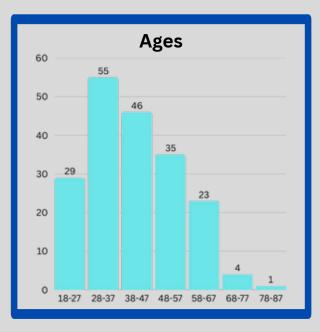
Bruce G

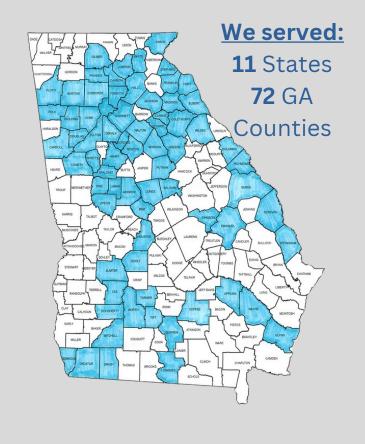
Romans 8:31-39 - "...Nothing Can Separate us from the Love of Christ".

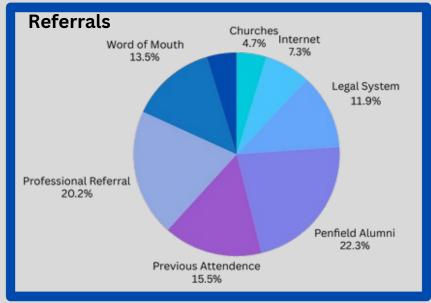


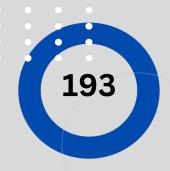
2024 Demographics

49 Baptisms32 Professions of FaithRededications



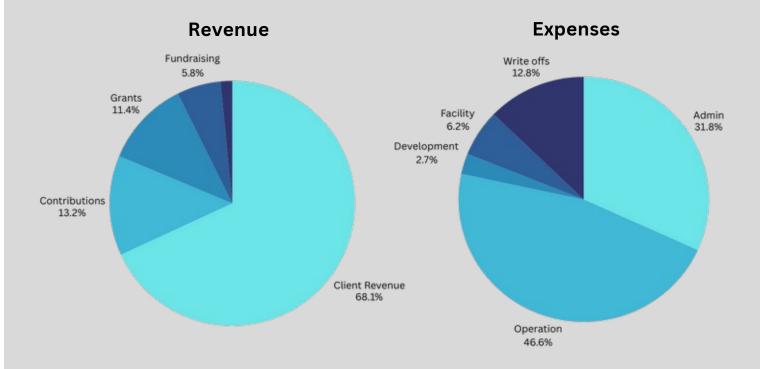






Clients came through our doors in 2024

Finances



Outcomes

- □ 2024 resulted in **32** professions of faith, **21** rededications, and **49** baptisms, demonstrating a significant spiritual impact on participants.
- □ A **4.2-point increase** in helping clients develop coping strategies for managing cravings. This is an indicator interventions and programs in place are effective in helping clients improve these crucial skills.
- ☐ Through out the program there is a **28% increase** in clients' Spiritual Experience Scores, suggesting a positive impact on their spiritual growth.
- □ Achieving a **98%** compliance rate in attending outside support meetings is a strong outcome, highlighting the program's effectiveness in promoting ongoing recovery and increasing the likelihood of long-term sobriety.
- ☐ According to our client survey the program's effectiveness and suggests strong client engagement and positive treatment experiences demonstrated by a **4.7** mean score **out of 5**

2024

Accomplishments

Thanks to our donors we were able to:

	We were able	to grant	over \$440.	000	Scholarship	s.
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- ☐ We have new cabinets in our Lavonia Campus Kitchen.
- ☐ We created a concrete walkway to the Classroom Level.
- ☐ We rebuilt our ramps to ensure our campuses are safe and wheelchair accessible.
- ☐ We received CARF accreditation for 3 years.
- ☐ We had our first Alumni & Friends Event.
- Our new Recovery Residence building is up and running.
- ☐ We participated in over 8 conferences



Volunteer Recognition

Lake Oconee Elks Lodge

Thank you for coming out and feeding clients with so much love and care! Your dedication to nourishing those in need is a true testament to the power of community. Thank you for stepping up and making sure no one goes hungry. You are making a real difference in the lives of so many!





Cable East

Thank you for being such a crucial part of our success! Your unwavering support, creativity, and dedication have made all the difference. You've truly been a partner in our mission, and we're beyond grateful for everything you do to help us make an impact.

Grace Fellowship - Youth Group

A huge shoutout to the incredible group of kids who came together to collect toiletries for those in need! Your kindness, compassion, and effort to make a difference are truly inspiring. You've shown that even the youngest among us can have a powerful impact on their community. Thank you for spreading so much love and care!



IN MEMORY OF DREW METZGER

Drew began his journey at Penfield in 2014, discovering a deep passion for helping individuals experience true freedom in Christ. What started as a volunteer role quickly evolved as Drew's commitment and skill set led him to serve as a counselor, then move into Compliance, and ultimately take on the position of Risk Management Director. Drew played a pivotal role in Penfield achieving CARF Accreditation, a testament to his dedication and leadership.

Yet, beyond his professional accomplishments, Drew's greatest pride and joy was always his family, especially his beloved daughter. Throughout his time at Penfield and beyond, Drew touched the lives of thousands, leaving a lasting impact on all who knew him. His absence is deeply felt, and he is missed more than words can express.

In loving memory of "a gentle giant"







Thank you for your continued support





Join our mission!



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